

April 2025 Class & Club Schedule

*Most classes and clubs are an hour long, unless noted otherwise below.

*Please note Spring Session starts 3/31

Day	Time	Class	Facilitator	Location	
Monday	8:30 AM	Picking Ukulele	Nishiyama, Young	Sewing Room	
	9:00 AM – 10:30 AM	Japanese Cultural Club	Sueda	Lanai	
	9:15 AM	Guitar	Hirai	Library Room	
	9:30 AM – 11:30 AM	Victor's Kapakahi Group	Tangonan	Lib Annex, Go Room	
	10:30 AM	Basic Japanese	Sasaki	Sewing Room	
	10:30 AM – 12:00 PM	Hula	Makolo	Dance Room	
	10:45 AM	Yoga	Hasegawa	Lanai	
	11:00 AM	Tai Chi for Health	Lau	Activity Room	
	12:00 PM	Ping Pong	Ream	Lanai	
	12:30 PM – 2:30 PM	Cribbage	Kono	Patio	
	12:30 PM – 2:30 PM	Samulnori	Lee	Sewing Room	
	Tuesday	8:00 AM – 11:00 AM	Needle and Thread	Oshiro	Sewing Room
		8:00 – 11:00 AM	Mah Jong	Sugihara	Library Room
8:30 AM		Beginner Guitar	Dacoscos	Lanai	
8:30 AM		Strumming For Fun	Hirai, Young	Lib Annex, Go Room	
9:00 AM		Hawaiian Cultural Club (1 st & 3 rd Tues. of the month)	Manuel	Activity Room	
9:15 AM – 12:00 PM		Pickleball	Lardizabal, Tsubaki	Lanakila Gym	
9:30 AM		Music Lovers Group	Espeleta	Library Annex	
9:30 AM – 11:00 AM		Hula	Makolo	Dance Room	
10:00 AM & 11:00 AM		Beginner's iPhone Class*	Kawasaki	Patio	
10:00 AM		Sahm Bo Dahn	Higuchi	Lanai	
11:15 AM – 12:45 PM		Tai Chi for Fall Prevention (Formerly Chuan Tai Chi)	Pham	Dance Room	
11:30 AM		Japanese Calligraphy	Usami	Sewing Room	
1:00 PM		Line Dance	Matsunaga, Sonson	Lanai	
Wednesday		TBA (day & time varies)	Gardening Group*	Nakamura	TBA
		8:00 AM	Tai Chi*	Koike	ONLINE
	8:30 AM – 9:45 AM	Fit & Flexible	Mayeshiro	Dance Room	
	9:00 AM	Stretch & Tone	Werle	Lanai	
	9:30 AM	Portuguese Cultural Club (2 nd & 4 th Wed. of the month)	Frank	Activity Room	
	9:45 AM – 12:00 PM	Sewing by Nakasone	Nakasone, Ito	Craft Room	
	10:00 AM – 12:00 PM	Korean Dance Cultural Club	Hasegawa	Dance Room	
	10:30 AM	Happy Senior Serenaders	Ojiri, Ramiro	Library Annex	

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	10:30 AM – 12:00 PM	Shigin	Tokugawa	Library Room
	11:00 AM	Yoga	Fujii	Lanai
	12:00 PM	Crafts by Janet*	Miyashiro	Craft Room
	12:15 PM – 1:45 PM	Chinese Traditional Dance	Feng, Hou	Dance Room
	2:00 PM – 2:45 PM	Conv. Mandarin Language	Xu, Hou	Dance Room
Thursday	TBA (day & time varies)	Composting Wormies Group*	Uyehara	TBA
	9:00 AM – 10:30 AM	Okinawa Nenchosha Club	Higa	Lanai
	9:00 AM – 10:30 AM	Taisho Koto	Takeuchi	Library Room
	9:00 AM – 11:00 AM	Hanafuda	Samori	Dance Room
	9:15 AM – 12:00 PM	Pickleball	Hino, Lau	Lanakila Gym
	12:00 PM – 2:00 PM	Cribbage	Lardizabal	Patio
	11:00 AM	Okinawan Dance	Kawaguchi	Lanai
	11:30 AM – 2:30 PM	Digital Technology*	Lanakila Pacific	Sewing Room
	12:00 PM – 2:30 PM	Brian's Karaoke Class (2 nd & 4 th Thurs. of the month)	Suzuki	Library Annex, Go Room
Friday	8:00 AM	Basic Ukulele	Nishiyama	Dance Room
	8:00 AM	Tai Chi*	Koike	ONLINE
	9:00 AM	African American Cultural Club (2 nd & 4 th Fri. of the month)	Gray	Activity Room
	9:00 AM	Fusion	Gittelman	ONLINE
	9:00 AM – 2:30 PM	Enka	Arakaki	Sewing Room
	9:30 AM	Chinese Cultural Club (1 st & 3 rd Fridays of the month)	Mau	Activity Room
	9:30 AM – 11:00 AM	Yui Buyo	Sugai, S. Nakasone	Lanai
	9:30 AM- 12:00 PM	Tap Dance	Feagins, Ferreira	Dance Room
	10:30 AM	Sing For Your Life	Richmond	Lib Annex, Go Room
	11:00 AM	American Sign Language	Shimizu	ONLINE
	12:00 PM – 2:30 PM	Ping Pong	Ream	Lanai
	12:30 PM – 2:30 PM	Beginner Oldies Karaoke	Murashige	Go Room
Saturday	9:00 AM – 11:30 AM	Filipino Cultural Club	Ibay	Activity Room
	10:30 AM	Zumba Gold	Hokama	Dance Room
Sunday	9:30 AM	Tai Chi for Health and Qi Gong	Lau	Online

*Special registration- see staff for more info. Do not fill out a registration form.

Classes subject to change

April 2025

SUN	MON	TUES	WED	THUR	FRI	SAT
		1 Ho'olu 'Aina Excursion (9:00 am)	2 Ti Leaf Lei Making (9:00 am) Drawing Workshop (1:00 pm) Gateball (4:00 pm) Walk at Ala Moana (4:30 pm)	3 Strength Training w/ Televeda (8:00 am) Coffee Tea & Talk Story (8:30 am) Haircuts (12:00 pm) SHARE Presentation (12:30 pm) Drawing Workshop (1:00 pm)	4 HPU Strength and Balance (1:00 pm) Milestones Workshop (1:00 pm)	5 IT Help Desk (9:00 am) Understanding Your Vital Signs (9:00 am) Arts & Pot Painting (10:00 am) Bake with Rianne (11:00 am)
6	7 AARP Tax Aide Appt. Only Sandy Beach & Lunch (11:00 am) Travel Club Meeting (1:00 pm)	8 Strength Training w/ Televeda (8:00 am) BINGO (9:00 am) Kroc Center Excursion (11:00 am)	9 Program Committee Mtg (8:30 am) Ti Leaf Lei Making (9:00 am) Orange Xpress Concert (12:00 pm) Painting Workshop (12:30 pm) Gateball (4:00 pm) Walk at Ala Moana (4:30 pm)	10 Strength Training w/ Televeda (8:00 am) Coffee Tea & Talk Story (8:30 am) Haircuts (12:00 pm)	11 Occupations Fair (9:00 am) Painting Workshop (12:30 pm) HPU Strength and Balance (1:00 pm) HPU Post Assessment (1:45 pm)	12 IT Help Desk (9:00 am) Orchid Society Judging (9:30 am) Cybersecurity (10:00 am) Sit Down Volleyball (11:00 am) Personal Technology (12:00 pm)
13	14 Core with Carol (9:00 am)	15 Tagalog Language Class (1:00 pm)	16 Ti Leaf Lei Making (9:00 am) Volunteer Appreciation Day (9:00 am) Painting Workshop (12:30 pm) Gateball (4:00 pm) Walk at Ala Moana (4:30 pm)	17 Strength Training w/ Televeda (8:00 am) Haircuts (12:00 pm) Painting Workshop (12:30 pm) Koi Nobori Craft (1:00 pm) CMP Meeting (2:00 pm)	18 Center Closed HOLIDAY Good Friday	19 IT Help Desk (9:00 am) NARFE Meeting (9:30 am) Flower Making (10:00 am) Liliha Library Service Project (11:00 am)
20	21 AARP Driver Safety Appt. Only (10:00 am) Haleiwa Town & Lunch (11:00 am)	22 Strength Training w/ Televeda (8:00 am) Sing Along Karaoke (12:15 pm)	23 New Member Orientation (9:00 am) Ti Leaf Lei Making (9:00 am) PAB Mtg (12:00 pm) Gateball (4:00 pm) Walk at Ala Moana (4:30 pm)	24 Strength Training w/ Televeda (8:00 am) Haircuts (12:00 pm) Senior Center Leadership Mtg (1:00 pm)	25 Palliative Care vs. Hospice (10:00 am) Caregiver Support Group (11:00 am)	26 Conversational Korean Language (9:00 am) Friendship Bracelet (9:00 am) IT Help Desk w/ WHS (9:00 am) IT Help Desk w/ Donnie (9:00 am) Floral Art (10:00 am) Movie Day (11:00 am)
27	28 Waikiki Aquarium (10:00 am)	29 Strength Training w/ Televeda (8:00 am) North Shore (8:30 am)	30 Assistive Technology Resource Center Fair (1:00 pm) CPR Training (1:30 pm)			

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