

January 2025 | No. 108

LANAKILA KŪPUNA NEWS



Inside This Issue:

Celebrating Lunar New Year

Message from Program Director	2
Photo Gallery	3
Cultural Club Updates	4
Mahalo to Our Donors	9
Schedule of Classes	10
Upcoming Special Events	12



A program of Catholic Charities Hawai'i funded in part by the State of Hawaii via contract with the State Executive Office on Aging (EOA) and the C&C of Honolulu, Elderly Affairs Division, and a Persons In Need grant from the May Templeton Hopper Fund of the Hawai'i Community Foundation..



CATHOLIC CHARITIES
HAWAII

A MESSAGE FROM SUSIE

Dear Lanakila Senior Center members, friends, family and community partners:

On behalf of all our staff, volunteers and senior center members, we wish you all a 2025 filled with happiness, prosperity, good health, and, most of all, much love. Our winter session of classes, special events, and cultural club activities have been planned for the new year and we can't wait to see all of you!

Please stay safe, take deep breaths, remember to drink water, enjoy the beauty that surrounds you, remember the people who have been kind to you, and do good things for others.

Happy New Year!

With grateful hearts,

Susie Chun Oakland, Riva Torno, Iris Hiramoto, Cookie Irvine, and Lodi Tapawan
Staff of Lanakila Multi-Purpose Senior Center



Beauty is all around us. Take a deep breath. Embracing our friends and family. Welcoming the new year! Happy 2025!



Welcome New Members!

Shauna Chang
Cheryl Chin
Mun Hui Chong

Mie Miura
Eric Pilger
Jan Takara

Photo Gallery



Janet's Craft Class 3rd Annual Jungle Bell Tea Party



LMPSC Annual Christmas Program- Friday, December 13, 2024 at Ala Moana Hotel



Sing For Your Life at the Central Union Church Senior Daycare where they performed on Dec. 20th and at the St. Francis assisted living facility, Hale O Meleana, where they performed on Dec. 21. Photos provided by Linda Chiu.



"It will be our third year as a Cribbage Class! Happy New Year!"
" from Cribbage class. Photo submitted by Dennis Kono.



"The Okinawan Dance class wishes all of YOU, a very happy New Year's, 2025! From Okinawan Dance class.
Photo provided by Diana Kawaguchi.



"The Sing For Your Life class wishes you and yours a happy, healthy, heart-warming Holiday Season!" Photo provided by Linda Chiu.



"Our Filipino Club ohana wishes each and every one a VERY MERRY CHRISTMAS and A PROSPEROUS NEW YEAR 2025.



Happy Senior Serenaders hopes everyone experiences a year filled with warmth, laughter, and good music.



Cultural Club Reports

OKINAWA NENCHOSHA CLUB UPDATE

By Diana Kawaguchi

II SOOGWACHI DEEBIRU (HAPPY NEW YEAR)

Okinawans eat Soba noodles on New Year's Eve to celebrate the New Year & to symbolize a fresh start. The long, thin noodles symbolize a wish for long life. The buckwheat noodles are resilient to bad weather, thus representing good health. These noodles are easier to cut than other noodles, thus symbolizing new beginnings by cutting away the bad luck of the past year. Soba noodles represent starting the New Year with a "Fresh Start". Other New Year's traditions is sending New Year's cards & gifts to family, & spending time with friends. New Year's is also a tradition to visiting a shrine or temple, to pray for good fortune in the coming year.

December Events:

.December 5th: The Moiliili Community Center under the direction of Faye Murata entertained us with a fun filled Christmas program including various exercises. The program started off with the entrance of Mr. & Mrs. "Santa Claus coming to town". The ladies were all dressed up in their Christmas costumes, & ended their fun filled program with the "12 days of Christmas". Some of our ONC members participated holding various signs representing the 12 days of Christmas This energetic group left us with the spirit of Christmas, & emphasized to "Exercise for good health".

.December 12th: The Pearl City Community Church group started their program with a beautiful hula to the "Lord's Prayer". Their program was filled with singing of Christmas songs, & various hula dancing, ending with the heartwarming hula of "The Prayer" by Malia Gibson & Ho'okena. It was a touching ending to our last day of the ONC meeting for this year. President, Jane Higa ended with the members holding hands & singing the Japanese song, "Hotaru no Hikari" (translates to "Light of Fireflies"). This is a farewell song that is often played at the end of the year, since this was the last ONC meeting for this year. This song uses the tune of Auld Lang Syne, but different lyrics. We wish everyone a very Joyous Holiday Season, & we will see you all again on Thursday, January 16, 2025.

Umaribi-kariyushi yaibiin-n (Happy Birthday) to:

Suzuko Demola, Doris Doughty, Takako Goya, Lance Hironaga, Robert Ishihara, Harry Nakasone, Sumiko Nakasone, Hatsuko Nakata, Jean Oshiro, & Karen Takeshita,

The Okinawan Nenchosha Club Members, wishes all of you, a very blessed New Year's 2025. May the New Year's be filled with good health, happiness & prosperity for everyone.



Cultural Club Updates

JAPANESE CULTURAL CLUB UPDATE By Clarice Kumura

AKEMASHITE OMEDETOU GOZAIMASU



[This Photo](#) by Unknown Author is licensed under [CC BY](#)

2024 has been a great year for members of our Japanese Culture Club. It's now time to look forward to 2025 by setting New Year's Resolution that focuses on improving your overall health, both physically and mentally. So where can you accomplish your New Year's Resolution. None other than at Lanakila Senior Center. Here you can attend exercise, dancing, singing, ukulele and brain challenging classes. You can be assured to stay committed to achieving your New Year's Resolution since your fellow senior friends will constantly remind you about attending classes. Have a Happy and Healthy New Year!

January Events:

6	Aiko's Karaoke Group
13	Stretch & Tone
20	Holiday (Martin Luther King, Jr.)
27	Birthday/Elsie Kawamoto's Karaoke

On **December 2**, the Orange Express group led by Wayne Uejo gave a fabulous performance singing "Oldies but Goodies" such as Rockin' Robin and Pretty Women to name a few. It brought back fond memories of the 50's and 60's. On **December 9**, a grand finale performance was put on by Marion Arakaki's Enka class. Besides celebrating members' birthdays, the versatile and talented performers entertained us with their singing of familiar Japanese songs such as "Sake Yo" by Jimmy Toma, "Uramachi Sakaba" by Jean Murakami, and "Anata No Subete Wo" by Richard Tada. You could feel the energy as they ended with Feliz Navidad and passing out goody bags.

Tanjoubi Omedetou Gozaimasu to: Akiko Baba; Doris Doughty (90+); Winifred Lau (90+); Marion Masuda; Mary Nakamoto. May you have many more Happy Birthdays!



[This Photo](#) by Unknown Author is licensed under [CC BY](#)



Cultural Club Updates

FILIPINO CULTURAL CLUB UPDATE

By Wilma Ibay

MEMORIES we made MEMORIES we shared MEMORIES we cherish forever. GOODBYE 2024. HELLO 2025 - Hoping for a HEALTHY and a HAPPY NEW YEAR so our FILIPINO CLUB MEMBERS could be together longer and more time.

Looking back :

November 23 - Celebrated the birthdays of LEONIE RAMIREZ and ESTRELLA TONGPALAN after practicing our folk dances for the forthcoming Christmas Party. Enjoyed yummy food brought by everyone to share. Such a nice togetherness.

November 30- Decorated the Activity Room with the CHRISTMAS LANTERNS made by members which made the room very Christmassy.

December 13- LANAKILA PARTY at last. Enjoyed riding the TROLLEY again which brought us to Ala Moana Hotel and back to Lanakila Senior Center. The FILIPINO CLUB members performed two FILIPINO FOLK DANCES directed by AURIE SONSON and LETTY DOLOR at this joyful event.

December 21- Celebrated CHRISTMAS and birthdays of the DECEMBER born members. They are: ILUMINADA ACOSTA, JUANITA AGUSTIN, SALLY CORPUS, TISHA KALUA, FELY TABULA, AIDA CHAPMAN and WILHELMINA IBAY. It was a very joyous celebration with lots of dancing provided by our very own BONG ACOSTA. We really had lots of door prizes so we had to do it two times. Members are really generous and shared their blessings. The spirit of Christmas really touched their hearts. Food brought by celebrants and members was abundant for all members to enjoy. It was an awesome get together for the year end celebration 2024.

MERRY CHRISTMAS and a BLESSED NEW YEAR 2025

"GOD BLESS US ALL"



HAWAIIAN CULTURAL CLUB UPDATE

By Roland Manuel

ALOHA!!! We've gone through an awesome 2024. Greetings and ALOHA 2025.

A friendly advise as we enter into a new year. You are going to come back with an awful lots of people who are their absolute breaking point. Friends, family, co-workers, teachers, strangers in the store, retail workers, while it may be the merriest time of the year for some, it's the saddest, loneliest, most stressful, most heartbreaking for so may others. We're all busy but we're not too busy to be kind, caring, and patient. Remember the best thing you can give someone right now is L-O-V-E.

Hauoli Mahahiki Hou!

Aloha e malama pono! A hui hou kakou!



CHINESE CULTURAL CLUB UPDATE

By Dorothy Mau

Kung Hee Fat Choy!

Sun Nien Fai Lok!

Happy New Year!

May the Year of the Snake bring you good health, love, peace, and joy!

The Chinese lunar year 2025 is the Year of the Wood Snake which starts on January 29, 2025.

The snake will reward the honest and trick the manipulators!

Years of the snake are 2025, 2013, 2001, 1989, 1977, 1965, 1953, 1941, 1929, 1917, and 1905. People born in these years are believed, according to the Chinese zodiac, to be intuitive, intelligent, wise, charming, elegant, determined, good at talking and caring. They value knowledge and work hard to achieve goals and form deep relationships.

Reflecting on the Lanakila's Christmas party at the Hibiscus room at Ala Moana Hotel bring good cheers and love. All the ethnic clubs and classes had outstanding performances!

Mahalo Program Director Susie Chun Oakland, staff and volunteers for another excellent event.

Chinese club president Dorothy Mau is grateful to have served as Volunteer of the Year 2023 and congratulates Jane Higa, president of Okinawa club, Volunteer of year 2024!

Also, a big Mahalo to Richard Tada and his assistants for playing the song for the 5 Chinese sisters to hula! Thank you Evan Ching for our beautiful photos. We are so appreciative!

Our final meeting of the year was also the birthday and Christmas party at Jade Dynasty Seafood Restaurant at Ala Moana Center. We had two tables in a private room with best members and friends. The centerpieces were won by Darlene Ikegami and Beth Miguel. We sang Happy Birthday led by Rosie Ramiro.

Everyone sang and our dancers hula to White Christmas! Happiest Holiday Season to All! Come join us on Friday, January 17, 2025! Thank you! Doh Jay! and Xie Xie!



PORTUGUESE CULTURAL CLUB UPDATE

By Puna Frank

Bom dia friends and 'ohana ~ Wishing you all a Feliz Natal and Feliz Anonovo!
May 2025 (year of the snake) be gr8-4-u-2!

Marion Abe
Christine Abedor
Herminigilda "Hilda" Abenoja
Steve Akamine
Hwazi Akita
Angelina Amby
Charles Amor
Alice Aoki
Dennis Arakaki
Jiro Arakaki
Jane Asato
Jan Ashlock
Janet Auyong
Akiko Baba
Helen Balmores
Lorenza Baloran
Connie Baradi
Juliana "Julie" Baron
John "Kione" Burrows III
Linda Canincia
Josephine Carreira
Alwin "Win" Carus
Nancy Cavaco
Shu Chi Chen
May Choo
Hui Ying Chun
Emilia Collins
Tanee Connally
Clarissa Cosson
Katie Costello
Patricia De Peralta
Sarah Delos Reyes
Suzuko Demola
Doris Doughty
Carrolyn Emoto
Francisca Fabinal
Encarnacion "Shoni" Fajardo
Lucy Farinas
Margaret Fong
Diane Fujio
Loraine Fujiwara
Cynthia Fukunaga
Sandra "Sandy" Furumori
Jane Ginoza
Glenn Goo
Sandra Gorski-Brough
Takako Goya
Yoshiko Haioka
Karen Hayashida
Norma Hirata
Lance Hironaga
Hiroko Hiyoshi
Lily Ho
Jung Soon Hong
Hisako Horio
Jane Ifuku

HAPPY BIRTHDAY!

HAPPY BIRTHDAY!

- Darlene Ikegami
- Yae Inoue
- Robert Ishihara
- Roy Ishii
- Diane Iwaoka
- Takako Izumigawa
- Carolina Jacinto
- Jill Kajikawa-Kent
- Carol Mae Kamalu
- Karen Kami
- Ellen Kaneshiro
- Juanita Kaonohi
- Tamie Kashiwamura
- Mariko Kawasaki
- Melvin Kellett
- Hyoung Kiel
- Duk Hee Kim
- Grace Kim
- James Kim
- Ellyn Kingsmill
- Marvin Ko
- Joyce Kobayashi
- Donna Koki
- Kikuko Kumamoto
- Mieko Kuromiya
- Jean Laguna
- Servillano "Savio" Lamer
- Minh Lai Lao
- Darlene Larimore
- Walter Lau
- Winifred T. Lau
- Edward Lautoa
- Benton Lee
- Pearl Lee
- Mary Li
- Josefina "Josie" Llaneza
- Jesse Lockett-El
- Merle Loui-Sakamoto
- Beaudine Ma
- Elsie Maruno
- Marion Masuda
- Donna Masuda-Kam
- Leslie Matsuno
- Joyce Matsuo
- Liz Mitsuka
- Grace Miyawaki
- Karen Miyazaki
- Shanti Mizuno
- Brenda Mizuta
- Mary Moreno
- George Morikwaki
- Wilma Moriyama
- Steven Mun-Takata
- Lorraine Muranaka
- Lorna Muraoka
- Stanley Nagamine

A story of Okinawa Lunar New Year

By Jane Higa, Okinawa Nenchocha Club President

In Okinawa, before Japan conquered Okinawa, Okinawa always had their new year celebration same as China, Lunar New Year. Okinawans were always trading with China. Today, some villages still celebrate Lunar New Year. Where my parents were born in one of the small island, till today they celebrate Lunar New Year at this lime stone cave, you walk 108 steps up the mountain, and they dance and sing which it's open only on Lunar New Year. Way back before anybody can go in the cave, every day, but people being broken the stalactites and damaging the cave so now it's open only on Lunar New Year. The first time I went to Okinawa, we have to climb up the mountain and the next time, people from Hawaii donated money and they built the steps (108 steps). I did visit the cave several times and it's very cool and there's a figure of a women and they believe if you cannot conceive you pray and you will conceive. My aunty went and she did conceive.

Now the cave is only open on Lunar New Year because people damaging the stalactites. The cave is a limestone cave and they believe the Gods were living in the cave. Today it is a tourist spot.



Lunar New Year Ceremonies Live On in the Okinawa Islands





Mahalo

*Thank you so much for
your generosity!*

PIKAKE (\$1000+)

Kline-Welsh Behavioral
Health Foundation General
Fund

OHI'A A LEHUA (\$500)

Kim, Vickie
Toma, James & Dorene

KAHILI GINGER (\$250+)

Nishimura, Sheila
Tanaka, Drusilla

HIBISCUS (\$100+)

Anonymous
Akamine, Jeanette
Asato, Lynda
Campos, Emelia
Chan, Corinne
Chang, Lorraine
Ching, June
Chui, Mildred
Farinas, Lucy
Fujio, Diane
Higa, Tomie

Kim, Rhonda
Masuo, Diane
Matsuo, Joyce
Noji, Greg & Julie
Pang, Carol
Sakoda, Eileen
Sasaki, Laura & Arkin,
Harvey
Stigar, Lester & Sue
Taketa, Lucille
Tokumura, Michael & Violet
Tramontano, Geri IMO:
Ellen Kong
Uehi/Uyeda
Zukemura, Carol

BIRD OF PARADISE (\$50+)

Chang, Nohea IMO: Paula
Stuart
Ige, Vivian
Inasuka, Lillian
Kim, Grace
Shiraki, Sharon
Toyama, Amy

ANTHURIUM (\$49 & under)

Bernudez, Etsuko
Chan, Corinne
Diego, Resurreccion
Haitsuka, Ruth
Iniba, Juliana
Kamei, Mildred
Lardizabal, Rogelio
Oda, Masako
Oshiro, Doris
Ping, Abby
Sonson, Aurie
Suzuki, Mildred
Tamura, Walter
Yamasaki, Glenn
Young, Betty

IN KIND DONATION

Batula, Joan
Bratt, Amy
Chang, Denise
Fujshige, Lynn
Hallett, Lili

Hong, Mae
Hosokawa, Charlene
Ige, Janice
Ige, Vivian
Ishiki, Jan
Ishimoto, Mabel
Matias, Judy
Matsunaga, Karen
Morioka, Greta
Nagasawa, Alicia
Oshiro, Cynthia
Oshiro, Cynthia
Ramiro, Rosie
Sakumoto, Atsuko
Sueda, Mary
Sugiyama, Jean
Tokugawa, Hidelo
Tsutsumi, Alice
Yoshida, Mark

HAPPY BIRTHDAY

(continued)

Yusei Nagamine
Mary Nakamoto
Janice Nakamura
Jean Nakanishi
Peter Nakanishi
Harry Nakasone
Hugo Nakasone
Sumiko Nakasone
Hatsuko Nakata
James Nakata
Linda Niimi
Song Cha Nishikawa
Irene Oka
Dawn Omoto
Calvin Onogi
Jean Oshiro
Janice Oto
Maria Oya
Helen Park
Mi Sook Park

Almeda Pasion
Constance Petersen
Lynn Phung
Dannette Purdin
Winerfer "Wendy" Ramos
Violeta "Violy" Robles
Bessie Rodriguez
Jennie Rosario
Leighton Sakamoto
Sandra "Sandy" Samori
Connie Sasaki
Michael Seki
Frances Shimazu
Wendy Shimoda
Julie Shimonishi
Ruth Shinmon
Chu Lan Shubert-Kwock
Joan Sima
Lois Sueda
Patrice Sumikawa

Yoshiko Suzuki
Sachiko I. Takahashi
Jan Takara
Cheryl Takayama
Young Ja "Tina" Takeda
Karen Takeshita
Nelson Tamashiro
Florence Tamura
Aileen Tanabe
Katsuyo Tanaka
Linda Tanaka
Edwin Taniguchi
Rose Togashi
Irma Tom
Orie Toma
Ingrid Toth
Mark Troedson
Adele Tsukamoto
Grace Tsukayama
Katherine "Kathy" Uyehara

Luvimina Valentin
Kathleen Vance
Xiuming Wang
Conchita Watnabe
Jane Williams
Aileen Wong
Randall K.S. Wong
Joan Wylie
Jean Yamanaka
Alan Yamashita
Kazutoshi Yato
Clara Yee
Suzanne Yoon
Nancy S. Young
Patricia "Pat" Young-Sasaki
Susanne Yuu
Run Tian Zhong

January 2025 Class & Club Schedule

*Most classes and clubs are an hour long, unless noted otherwise below.

Day	Time	Class	Facilitator	Location
Monday	8:30 AM	Picking Ukulele	Nishiyama, Young	Sewing Room
	9:00 AM – 10:30 AM	Japanese Cultural Club	Sueda	Lanai
	9:15 AM	Guitar	Hirai	Library Room
	9:30 AM – 11:30 AM	Victor's Kapakahi Group	Tangonan	Lib Annex, Go Room
	10:00 AM – 12:00 PM	Hula	Makolo	Courtyard
	10:30 AM	Basic Japanese	Sasaki	Sewing Room
	10:45 AM	Yoga	Hasegawa	Lanai
	12:00 PM	Ping Pong	Ream	Lanai
	12:30 PM – 2:30 PM	Cribbage	Kono	Patio
	12:30 PM – 2:30 PM	Samulnori	Lee	Sewing Room
Tuesday	TBA (day & time varies)	Composting Wormies Group*	Uyehara	TBA
	8:00 AM – 11:00 AM	Needle and Thread	Oshiro	Sewing Room
	8:00 AM	Beginner Online iPhone Class*	Rasmussen	ONLINE
	8:00 – 11:00 AM	Mah Jong	Sugihara	Library Room
	8:30 AM	Strumming For Fun	Hirai, Young	Lib Annex, Go Room
	9:00 AM	Beginner Macintosh Class*	Rasmussen	ONLINE
	9:00 AM	Hawaiian Cultural Club (1 st & 3 rd Tues. of the month)	Manuel	Activity Room
	9:00 AM – 11:00 AM	Hula	Makolo	Courtyard
	9:15 AM – 12:00 PM	Pickleball	Matsumoto, Lardizabal	Lanakila Gym
	9:30 AM	Music Lovers Group	Espeleta	Library Annex
	10:00 AM & 11:00 AM	Beginner's iPhone Class*	Kawasaki	Library Room
	10:00 AM	Sahm Bo Dahn	Higuchi	Lanai
	11:15 AM – 12:45 PM	Tai Chi for Fall Prevention (Formerly Chuan Tai Chi)	Pham	Dance Room
	11:30 AM	Japanese Calligraphy	Usami	Sewing Room
	1:00 PM	Line Dance	Matsunaga, Sonson	Lanai
Wednesday	8:00 AM	Tai Chi*	Koike	ONLINE
	8:30 AM – 9:45 AM	Fit & Flexible	Mayeshiro	Dance Room
	9:00 AM	Stretch & Tone	Werle	Lanai
	9:30 AM	Portuguese Cultural Club (2 nd & 4 th Wed. of the month)	Frank	Activity Room
	9:45 AM – 12:00 PM	Sewing by Nakasone	Nakasone, Ito	Craft Room

January 2025 Class & Club Schedule

Day	Time	Class	Facilitator	Location
	10:00 AM – 12:00 PM	Korean Dance Cultural Club	Hasegawa	Dance Room/Lanai
	10:30 AM	Happy Senior Serenaders	Ojiri, Ramiro	Library Annex
	10:30 AM – 12:00 PM	Shigin	Tokugawa	Library Room
	11:00 AM	Body & Brain Beg. Yoga & Tai Chi	Arquette	ONLINE
	11:00 AM	Yoga	Fujii	Lanai
	12:00 PM	Crafts by Janet*	Miyashiro	Craft Room
	12:15 PM – 1:45 PM	Chinese Traditional Dance	Feng, Hou	Dance Room
	2:00 PM – 2:45 PM	Conv. Mandarin Language	Xu, Hou	Dance Room
Thursday	9:00 AM – 10:30 AM	Okinawa Nenchosha Club	Higa	Lanai
	9:00 AM – 10:30 AM	Taisho Koto	Takeuchi	Library Room
	9:00 AM – 11:00 AM	Hanafuda	Samori	Dance Room
	9:15 AM – 12:00 PM	Pickleball	Hino, Tsubaki	Lanakila Gym
	11:00 AM – 1:00 PM	Cribbage	Kono	Patio
	11:00 AM	Okinawan Dance	Kawaguchi	Lanai
	11:30 AM – 2:30 PM	Digital Technology*	Lanakila Pacific	Sewing Room
	12:00 PM – 2:30 PM	Brian's Karaoke Class (2 nd & 4 th Thurs. of the month)	Suzuki	Library Annex, Go Room
Friday	8:00 AM	Basic Ukulele	Nishiyama	Dance Room
	8:00 AM	Tai Chi*	Koike	ONLINE
	9:00 AM	African American Cultural Club (2 nd & 4 th Fri. of the month)	Gray	Activity Room
	9:00 AM	Fusion	Gittelman	ONLINE
	9:00 AM – 2:30 PM	Enka	Arakaki	Sewing Room
	9:30 AM	Chinese Cultural Club (1 st & 3 rd Fridays of the month)	Mau	Activity Room
	9:30 AM – 11:00 AM	Yui Buyo	Sugai	Lanai
	10:00 AM- 12:00 PM	Tap Dance	Feagins, Ferreira	Dance Room
	10:30 AM	Sing For Your Life	Richmond	Lib Annex, Go Room
	11:00 AM	American Sign Language	Shimizu	ONLINE
	12:00 PM – 2:30 PM	Ping Pong	Ream	Lanai
	12:30 PM – 2:30 PM	Beginner Oldies Karaoke	Murashige	Go Room
Saturday	9:00 AM – 11:30 AM	Filipino Cultural Club	Ibay	Activity Room
	9:30 AM	Spanish	Shaw	Sewing Room
	10:30 AM	Zumba Gold	Hokama	Dance Room

*Special registration- see staff for more info. Do not fill out a registration form.

Classes subject to change

January 2025

SUN	MON	TUES	WED	THUR	FRI	SAT
			1 CENTER CLOSED New Year's Day Holiday	2 iPad Workshop (1:00 pm)	3 Leadership Training (9:00 am) Assistive Technology Presentation (12:30 pm) Aloha United Way 2-1-1 Presentation (1:00 pm) CPR Training (1:30 pm)	4 Waikiki Lion's Eyeglasses and Hearing Aid Collection (10:00 am)
5	6 Travel Club Meeting (1:00 pm)	7 Strength Training w/ Televeda (8:00 am) Envelope Making w/ Calendars Workshop (9:00 am)	8 Program Committee Mtg (8:30 am) Kokua Mau Presentation (11:00 am) Orange Xpress Concert (12:00 pm) Gateball (4:00 pm) Walk at Ala Moana (4:30 pm)	9 Strength Training w/ Televeda (8:00 am)	10 Korean Culture and Cuisine (2:00 pm)	11 Orchid Society Judging (9:30 am) Personal Technology (12:00 pm)
12	13	14 BINGO (9:00 am) Chinese Traditional Chinese Medicine (10:00 am)	15 Opening Day of State Legislature (9:00 am) Gateball (4:00 pm) Walk at Ala Moana (4:30 pm)	16 Strength Training w/ Televeda (8:00 am)	17 SAVERS FunRaiser (9:00 am)	18 Occupational Therapy Fall Clinic (10:00 am)
19	20 CENTER CLOSED Martin Luther King Day Holiday	21 Strength Training w/ Televeda (8:00 am) Sing Along (12:30 pm)	22 Ti Leaf Lei Making (9:00 am) New Member Orientation (9:00 am) Kokua Mau Presentation (11:00 am) PAB Mtg (12:00 pm) Foot health (1:00 pm) Gateball (4:00 pm) Walk at Ala Moana (4:30 pm)	23 Strength Training w/ Televeda (8:00 am)	24 Udon Making at MOA (12:00 pm)	25 Self Defense Workshop (10:00 am)
26	27 Sakura Tour (11:00 am)	28 Strength Training w/ Televeda (8:00 am) Oldies but Goodies (12:00 pm)	29 Ti Leaf Lei Making (9:00 am) Lunar New Year Lunch (12:00 pm) Gateball (4:00 pm) Walk at Ala Moana (4:30 pm)	30	31	

*Calendar subject to change

Susie Chun Oakland	Program Director	suzanne.oakland@catholiccharitieshawaii.org
Riva Torno	Program Specialist	riva.torno@catholiccharitieshawaii.org
Iris Hiramoto	Membership Specialist	ihiramoto@catholiccharitieshawaii.org
Elizabeth "Cookie" Irvine	Program Support Assistant	elizabeth.irvine@catholiccharitieshawaii.org
Lodi Tapawan	Custodian	
Cyan Lau, LSW	Case Manager/Social Worker	cyan.lau@catholiccharitieshawaii.org
Lourdes Adame, LSW	Case Manager/Social Worker	lourdes.adame@catholiccharitieshawaii.org

Let's Keep in Touch

1640 Lanakila Avenue
Honolulu, HI 96817
(808) 847-1322

www.catholiccharitieshawaii.org



Catholic Charities USA

