

# December 2024 Class & Club Schedule

\*\*Please note session ended 11/22/24. Only some classes are offering make-up classes during the first two weeks in December. All classes officially on break after 12/14/24.

\*Most classes and clubs are an hour long, unless noted otherwise below.

Day	Time	Class	Facilitator	Location
<b>Monday</b>	8:30 AM	Picking Ukulele	Nishiyama, Young	Sewing Room
	9:00 AM – 10:30 AM	Japanese Cultural Club	Sueda	Lanai
	9:15 AM	Guitar	Hirai	Library Room
	9:30 AM – 11:30 AM	Victor's Kapakahi Group	Tangonan	Lib Annex, Go Room
	10:00 AM – 12:00 PM	Hula	Makolo	Courtyard
	10:30 AM	Basic Japanese	Sasaki	Sewing Room
	10:45 AM	Yoga	Hasegawa	Lanai
	12:00 PM	Ping Pong	Ream	Lanai
	12:30 PM – 2:30 PM	Cribbage	Kono	Patio
<b>Tuesday</b>	TBA (day & time varies)	Composting Wormies Group*	Uyehara	TBA
	8:00 AM – 11:00 AM	Needle and Thread	Oshiro	Sewing Room
	8:00 AM	Beginner Online iPhone Class*	Rasmussen	ONLINE
	8:00 – 11:00 AM	Mah Jong	Sugihara	Library Room
	8:30 AM	Strumming For Fun	Hirai, Young	Lib Annex, Go Room
	9:00 AM	Beginner Macintosh Class*	Rasmussen	ONLINE
	9:00 AM	Hawaiian Cultural Club (1 <sup>st</sup> & 3 <sup>rd</sup> Tues. of the month)	Manuel	Activity Room
	9:00 AM – 11:00 AM	Hula	Makolo	Courtyard
	9:15 AM – 12:00 PM	Pickleball	Matsumoto, Lardizabal	Lanakila Gym
	9:30 AM	Music Lovers Group	Espeleta	Library Annex
	10:00 AM & 11:00 AM	Beginner's iPhone Class*	Kawasaki	Library Room
	10:00 AM	Sahm Bo Dahn	Higuchi	Lanai
	11:15 AM – 12:45 PM	Tai Chi for Fall Prevention (Formerly Chuan Tai Chi)	Pham	Dance Room
	11:30 AM	Japanese Calligraphy	Usami	Sewing Room
	1:00 PM	Line Dance	Matsunaga, Sonson	Lanai
<b>Wednesday</b>	8:00 AM	Tai Chi*	Koike	ONLINE
	8:30 AM – 9:45 AM	Fit & Flexible	Mayeshiro	Dance Room
	9:00 AM	Stretch & Tone	Werle	Lanai
	9:30 AM	Portuguese Cultural Club (2 <sup>nd</sup> & 4 <sup>th</sup> Wed. of the month)	Frank	Activity Room
	9:45 AM – 12:00 PM	Sewing by Nakasone	Nakasone, Ito	Craft Room

# December 2024 Class & Club Schedule

Day	Time	Class	Facilitator	Location
	10:00 AM – 12:00 PM	Korean Dance Cultural Club	Hasegawa	Dance Room/Lanai
	10:30 AM	Happy Senior Serenaders	Ojiri, Ramiro	Library Annex
	10:30 AM – 12:00 PM	Shigin	Tokugawa	Library Room
	11:00 AM	Body & Brain Beg. Yoga & Tai Chi	Arquette	ONLINE
	11:00 AM	Yoga	Fujii	Lanai
	12:00 PM	Crafts by Janet*	Miyashiro	Craft Room
	12:15 PM – 1:45 PM	Chinese Traditional Dance	Feng, Hou	Dance Room
	2:00 PM – 2:45 PM	Conv. Mandarin Language	Xu, Hou	Dance Room
<b>Thursday</b>	9:00 AM – 10:30 AM	Okinawa Nenchosha Club	Higa	Lanai
	9:00 AM – 11:00 AM	Hanafuda	Samori	Dance Room
	9:15 AM – 12:00 PM	Pickleball	Hino	Lanakila Gym
	11:00 AM – 1:00 PM	Cribbage	Kono	Patio
	11:00 AM	Okinawan Dance	Kawaguchi	Lanai
	11:30 AM – 2:30 PM	Digital Technology*	Lanakila Pacific	Sewing Room
	12:00 PM – 2:30 PM	Brian's Karaoke Class (2 <sup>nd</sup> & 4 <sup>th</sup> Thurs. of the month)	Suzuki	Library Annex, Go Room
<b>Friday</b>	8:00 AM	Tai Chi*	Koike	ONLINE
	9:00 AM	Fusion	Gittelman	ONLINE
	9:00 AM – 2:30 PM	Enka	Arakaki	Sewing Room
	9:30 AM	Chinese Cultural Club (1 <sup>st</sup> & 3 <sup>rd</sup> Fridays of the month)	Mau	Activity Room
	9:30 AM – 11:00 AM	Yui Buyo	Sugai	Lanai
	10:00 AM- 12:00 PM	Tap Dance	Feagins, Ferreira	Dance Room
	10:30 AM	Sing For Your Life	Richmond	Lib Annex, Go Room
	11:00 AM	American Sign Language	Shimizu	ONLINE
	12:00 PM – 2:30 PM	Ping Pong	Ream	Lanai
	12:30 PM – 2:30 PM	Beginner Oldies Karaoke	Lee, Murashige	Go Room
<b>Saturday</b>	9:00 AM – 11:30 AM	Filipino Cultural Club	Ibay	Activity Room
	10:00 AM	Zumba Gold	Hokama	Dance Room

\*Special registration- see staff for more info. Do not fill out a registration form.

Classes subject to change

# December 2024

SUN	MON	TUES	WED	THUR	FRI	SAT
1	2 Sudoku Online Class (10:30 am) Travel Club (1:00 pm) Alzheimer's (2:00 pm)	3 Strength Training w/ Televeda (8:00 am)	4 Genki Ball Toss at Ala Wai Canal (1:00 pm)	5 Strength Training w/ Televeda (8:00 am) Haircuts (12:00 pm) CMP Meeting (2:00 pm)	6 Grief of the Loss of a Spouse (9:00 am) Korean Cuisine and Culture (1:00 pm)	7 Chess (9:00 am)
8	9 Holiday Displays at Honolulu Hale (9:00 am)  Honolulu City Lights (4:00 pm)	10 Strength Training w/ Televeda (8:00 am) BINGO (9:00 am) Holiday Displays at Honolulu Hale (9:00 am) Honolulu City Lights (4:00 pm)	11 Program Committee Mtg (8:30 am) Orange Xpress Concert (12:00 pm)	12 Strength Training w/ Televeda (8:00 am) Coffee, Tea & Talk Story (8:30 am) (Haircuts (12:00 pm)	13 LMPSC Christmas Program at Ala Moana Hotel (Center Closed)	14 Chess (9:00 am) Orchid Society Judging (9:30 am) Cybersafety (10:00 am) Personal Technology (12:00 pm) Honolulu Blend Choir (1:00 pm)
15	16 Holiday Displays at Honolulu Hale (9:00 am) Lights in a Bottle Workshop (11:00 am) Honolulu City Lights (4:00 pm)	17 Strength Training w/ Televeda (8:00 am) Holiday Displays (9:00 am) Voices of Aloha (11:00 am) Oldies but Goodies (12:00 pm) Honolulu City Lights (4:00 pm)	18 Financial Planning for Retirees (online) (2:00 pm)	19 Strength Training w/ Televeda (8:00 am)	20	21
22	23	24 Strength Training w/ Televeda (8:00 am)	25 CENTER CLOSED Christmas Day	26 Strength Training w/ Televeda (8:00 am)	27	28 CENTER CLOSED
29	30	31 Strength Training w/ Televeda (8:00 am)				

\*Calendar subject to change

Susie Chun Oakland	Program Director	<a href="mailto:suzanne.oakland@catholiccharitieshawaii.org">suzanne.oakland@catholiccharitieshawaii.org</a>
Riva Torno	Program Specialist	<a href="mailto:riva.torno@catholiccharitieshawaii.org">riva.torno@catholiccharitieshawaii.org</a>
Iris Hiramoto	Membership Specialist	<a href="mailto:ihiramoto@catholiccharitieshawaii.org">ihiramoto@catholiccharitieshawaii.org</a>
Elizabeth "Cookie" Irvine	Program Support Assistant	<a href="mailto:elizabeth.irvine@catholiccharitieshawaii.org">elizabeth.irvine@catholiccharitieshawaii.org</a>
Lodi Tapawan	Custodian	
Cyan Lau, LSW	Case Manager/Social Worker	<a href="mailto:cyan.lau@catholiccharitieshawaii.org">cyan.lau@catholiccharitieshawaii.org</a>
Lourdes Adame, LSW	Case Manager/Social Worker	<a href="mailto:lourdes.adame@catholiccharitieshawaii.org">lourdes.adame@catholiccharitieshawaii.org</a>

## Let's Keep in Touch

1640 Lanakila Avenue  
Honolulu, HI 96817  
(808) 847-1322

[www.catholiccharitieshawaii.org](http://www.catholiccharitieshawaii.org)



Catholic Charities USA

