

November 2024 Class & Club Schedule

*Most classes and clubs are an hour long, unless noted otherwise below.

Day	Time	Class	Facilitator	Location	
Monday	8:30 AM	Picking Ukulele	Nishiyama, Young	Sewing Room	
	9:00 AM – 10:30 AM	Japanese Cultural Club	Sueda	Lanai	
	9:15 AM	Guitar	Hirai	Library Room	
	9:30 AM – 11:30 AM	Victor's Kapakahi Group	Tangonan	Lib Annex, Go Room	
	10:00 AM – 12:00 PM	Hula	Makolo	Courtyard	
	10:30 AM	Basic Japanese	Sasaki	Sewing Room	
	10:45 AM	Yoga	Hasegawa	Lanai	
	12:00 PM	Ping Pong	Ream	Lanai	
	12:30 PM – 2:30 PM	Cribbage	Kono	Patio	
	Tuesday	TBA (day & time varies)	Composting Wormies Group*	Uyehara	TBA
		8:00 AM – 11:00 AM	Needle and Thread	Oshiro	Sewing Room
8:00 AM		Beginner Online iPhone Class*	Rasmussen	ONLINE	
8:00 – 11:00 AM		Mah Jong	Sugihara	Library Room	
8:30 AM		Strumming For Fun	Hirai, Young	Lib Annex, Go Room	
9:00 AM		Beginner Macintosh Class*	Rasmussen	ONLINE	
9:00 AM		Hawaiian Cultural Club (1 st & 3 rd Tues. of the month)	Manuel	Activity Room	
9:00 AM – 11:00 AM		Hula	Makolo	Courtyard	
9:15 AM – 12:00 PM		Pickleball	Matsumoto, Lardizabal	Lanakila Gym	
9:30 AM		Music Lovers Group	Espeleta	Library Annex	
10:00 AM & 11:00 AM		Beginner's iPhone Class*	Kawasaki	Library Room	
10:00 AM		Sahm Bo Dahn	Higuchi	Lanai	
11:15 AM – 12:45 PM		Tai Chi for Fall Prevention (Formerly Chuan Tai Chi)	Pham	Dance Room	
11:30 AM		Japanese Calligraphy	Usami	Sewing Room	
1:00 PM		Line Dance	Matsunaga, Sonson	Lanai	
Wednesday		8:00 AM	Tai Chi*	Koike	ONLINE
	8:30 AM – 9:45 AM	Fit & Flexible	Mayeshiro	Dance Room	
	9:00 AM	Stretch & Tone	Werle	Lanai	
	9:30 AM	Portuguese Cultural Club (2 nd & 4 th Wed. of the month)	Frank	Activity Room	
	9:45 AM – 12:00 PM	Sewing by Nakasone	Nakasone, Ito	Craft Room	

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	10:00 AM – 12:00 PM	Korean Dance Cultural Club	Hasegawa	Dance Room/Lanai
	10:30 AM	Happy Senior Serenaders	Ojiri, Ramiro	Library Annex
	10:30 AM – 12:00 PM	Shigin	Tokugawa	Library Room
	11:00 AM	Body & Brain Beg. Yoga & Tai Chi	Arquette	ONLINE
	11:00 AM	Yoga	Fujii	Lanai
	12:00 PM	Crafts by Janet*	Miyashiro	Craft Room
	12:15 PM – 1:45 PM	Chinese Traditional Dance	Feng, Hou	Dance Room
	2:00 PM – 2:45 PM	Conv. Mandarin Language	Xu, Hou	Dance Room
Thursday	9:00 AM – 10:30 AM	Okinawa Nenchosha Club	Higa	Lanai
	9:00 AM – 11:00 AM	Hanafuda	Samori	Dance Room
	9:15 AM – 12:00 PM	Pickleball	Hino	Lanakila Gym
	11:00 AM – 1:00 PM	Cribbage	Kono	Patio
	11:00 AM	Okinawan Dance	Kawaguchi	Lanai
	11:30 AM – 2:30 PM	Digital Technology*	Lanakila Pacific	Sewing Room
	12:00 PM – 2:30 PM	Brian's Karaoke Class (2 nd & 4 th Thurs. of the month)	Suzuki	Library Annex, Go Room
Friday	8:00 AM	Tai Chi*	Koike	ONLINE
	9:00 AM	Fusion	Gittelman	ONLINE
	9:00 AM – 2:30 PM	Enka	Arakaki	Sewing Room
	9:30 AM	Chinese Cultural Club (1 st & 3 rd Fridays of the month)	Mau	Activity Room
	9:30 AM – 11:00 AM	Yui Buyo	Sugai	Lanai
	10:00 AM- 12:00 PM	Tap Dance	Feagins, Ferreira	Dance Room
	10:30 AM	Sing For Your Life	Richmond	Lib Annex, Go Room
	11:00 AM	American Sign Language	Shimizu	ONLINE
	12:00 PM – 2:30 PM	Ping Pong	Ream	Lanai
	12:30 PM – 2:30 PM	Beginner Oldies Karaoke	Lee, Murashige	Go Room
Saturday	9:00 AM – 11:30 AM	Filipino Cultural Club	Ibay	Activity Room
	10:00 AM	Zumba Gold	Hokama	Dance Room

*Special registration- see staff for more info. Do not fill out a registration form.

Classes subject to change

November 2024

SUN MON TUES WED THUR FRI SAT

Walk-in Registration for Winter Session 2025 begins 11/18/24 – 11/22/24. NO early registration on 11/20/24 because of annual LMPSC Thanksgiving Program

1
55th Anniversary Blessing
8:00 am
Walk and Shop and Ala Moana Center (9:00 am)
Bereavement Gp. (9:00 a.m.)

2
Chess (9:00 am)
Volunteer Legal Services Hawaii Pop-Up Clinic (1:00 pm)

3
4
Computer Fix-It Service Project (12:30 pm)
Travel Club (1:00 pm)

5
CENTER CLOSED
Holiday Election Day

6
Program Committee Mtg (8:30 am)
Orange Xpress Concert (12:00 pm)

7
Strength Training w/ Televeda ONLINE (8:00 am)
Haircuts (12:00 pm)

8
Korean Culture and Cuisine (2:00 p.m.)

9
Chess (9:00 am)
Orchid Society Judging (9:30 am)
Cybersafety (10:00 am)
Personal Technology (12:00 pm)

10
11
CENTER CLOSED
Holiday Veteran's Day

12
Strength Training w/ Televeda (8:00 am)
BINGO (9:00 am)
Simple Wills (11:00 am)

13
Veteran's Day Celebration (9:00 am)

14
Strength Training ONLINE (8:00 am)
Coffee, Tea, & Talk Story (8:30 am)
Stress Management (10:30 am)
Haircuts (12 pm)
Genki Ball Creation (1:00 pm)

15
Caregiver Support Group Meeting (11:00 am)

16
Chess (9:00 am)

17
18
AARP Driver Safety (10:00 am)
Caregiver Support Group (11:00 am)

19
Strength Training w/ Televeda (8:30 am)
Simple Wills (11:00 am)

20
Thanksgiving Celebration (9:00 am)
All Occasion Card Making (1:00 pm)
Gateball (4:00 pm)

21
Haircuts (12 pm)
Senior Center Leaders (1:00 pm)
CMP Meeting (2:00 pm)

22
END OF FALL SESSION 2024

23
Mayor's Craft Fair (9:00 am)
Chess (9:00 am)
NARFE Meeting (9:30 am)

Walk-in Registration 11/18/24 – 11/22/24 except for 11/20/24 b/c of Thanksgiving Program

24
25
Travel Club (1:00 pm)
Gateball (4:00 pm)

26
Oldies but Goodies (12:00 pm)
Gateball (4:00 pm)

27
New Member Orientation (9:00 am)
PAB Meeting (12:00 pm)
Genki Ball Unwrapping (1:00 pm)

28
CENTER CLOSED
Holiday Thanksgiving Day

29
30

*Calendar subject to change

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