

# Announcing Zoom Dementia Expert Panel Workshop Series

*for Family and Friend Caregivers, Providers and Advocates  
of Persons Living with Cognitive Impairment*



## Behavioral & Psychological Symptoms of Dementia (BPSD)

**Monday, October 28, 2024, 10-11:30am**

### Panel Presenters:

**Dr. Brett Lu** is clinical Associate Professor of Psychiatry at the University of Hawaii John A. Burns School of Medicine. He is board-certified in general and geriatric psychiatry and provides services in various settings, particularly in long-term care facilities. He advocates for mental health services and preparedness for our growing elderly population and is the lead investigator of a Queen's emergency department study, which shows an alarming trend of more seniors relying and using ER services for mental health needs due to lack of community resources.

**Aida Wen, MD**, is an Associate Professor, Dept. of Geriatric Medicine, John A. Burns School of Medicine at University of Hawaii and is board certified in Geriatrics and Palliative Care. She is the Principal Investigator of the HRSA funded Geriatric Workforce Enhancement Program which strives to enhance geriatric training for all health professionals, and to integrate geriatrics into primary care. She is Medical Director of Manoa Cottage Kaimuki, a nursing facility dedicated to dementia care. Passionate about improving dementia care and nursing home care, Dr. Wen strives to help patients, providers and caregivers make the journey through this difficult diagnosis as gracefully as possible.

**Dorothy Colby** is a Certified Positive Approach to Care™ (PAC) Trainer and national Mentor, with more than 25 years of professional and personal experience caring for people with dementia and training caregivers. The PAC trainings created by Teepa Snow share dementia care techniques that provide essential information for unpaid and professional caregivers on how to have a positive and meaningful relationship with loved ones living with all forms of dementia. Dorothy is Director of Community Engagement for Hale Kūiʻike Memory Care Homes at Nuuanu, Bayside & Pali locations.

### The speakers will cover:

- **Overview of BPSD and the different types, stats on dementia behaviors**
- **Types and prevalence of dementias**
- **When are medical interventions needed, including medications**
- **Nonpharmacological interventions for dementia behaviors**
- **The difference between common dementia behaviors, delirium, or a behavior crisis**
- **Be able to communicate behaviors accurately to the person's doctor, why a medical workup and assessment is important**
- **Understand the brain changes that occur with dementias that lead to BPSD**
- **Categories of Unmet Emotional and Physical Needs that Lead to Challenging Behaviors**
- **Tips and tools to understand, communicate with and optimize quality of life for a person experiencing challenging behaviors**

**Advance Registration is required at this link:**

<https://www.eventbrite.com/e/behavioral-psychological-symptoms-of-dementia-bpsd-tickets-1043449514587>

**The Zoom link is available upon registration. Handouts will be sent to registrants before the session.**

**Sorry, no CEs or certificates are available for this presentation.**

For questions about the workshops or help registering, contact: Jody Mishan (808) 295-2624 or [jmishan@hawaii.rr.com](mailto:jmishan@hawaii.rr.com)



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